

AQUATICS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Activity Pool Schedule January 2-June 15, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise			8:00am
9:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am			9:00am
10:00am								10:00am
11:00am	Toddler Time 11-12 5 & under w/adult No Warm Water Pool		Toddler Time 11-12 5 & under w/adult No Warm Water Pool		Tumbleweeds 11-12 No Warm Water Pool			11:00am
12:00pm					Progress Center			12:00pm
1:00pm	Group Programs		Group Programs		Group Programs	Open Swim	Family Swim	1:00pm
1:30pm						1:00- 2:30	1:00- 3:00pm	1:30pm
2:00pm	Joyful Joints 2:00-3:00	Peace Health 2-4 Private Group	Joyful Joints 2:00-3:00		Joyful Joints 2:00-3:00	Family Swim 2:30-3:30 Children 17 and under	Children 17 and under with Parents/ Guardians	2:00pm
2:30pm						With		2:30pm
3:00pm	Private Lessons		After School	Private Lessons	Private Lessons	Parent/ Guardian		3:00pm
4:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Private Lessons Groups	NO WARM WATER POOL DURING FAMILY SWIMS		4:00pm
6:00pm	Open Swim 6:00-7:30pm	Family Swim 6:00-7:30pm Children 17 & under with Parent/Guardian	Open Swim 6:00-7:30pm	Family Swim 6:00-7:30pm Children 17 & under with Parent/Guardian	Open Swim 6:00-7:30pm	GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.		6:00pm
7:30pm								7:30pm

- **Warm Water Therapy Pool (18 and older) is NOT open during special events, group programs or morning swim lessons. Evening Swim Lessons see swim lesson schedule.**
- **30 minute maximum in Warm Water Therapy Pool**
- **Water in unbreakable container is only beverage allowed on pool decks. NO GLASS**