

AQUATICS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Activity Pool Schedule Winter/Spring 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:30am	Adult Open	Adult Open 8:30-12	Adult Open	Adult Open 8:30-12	Adult Open			8:30am
9:30am	8:30-12:00	Swim Lessons 10-11	8:30-12:00	Swim Lessons 10-11	8:30-12:00			9:30am
10:30am		Parent w/ child		Parent w/ child				10:30am
11:30am		5 & Under 11-12		5 & Under 11-12				11:30am
12:00pm	Reserved Special Events	Reserved Special Events	Reserved Special Events	Reserved Special Events	Reserved Special Events			12:00pm
1:00pm	Group Programs	Group Programs	Group Programs	Group Programs	Group Programs	Open Swim	Open Swim	1:00pm
1:30pm		Water Yoga		Water Yoga		1:00-2:30pm	1:00-2:30pm	1:30pm
2:00pm	Joyful Joints 2:00-3:00	1:30-2:30	Joyful Joints 2:00-3:00	1:30-2:30	Joyful Joints 2:00-3:00			2:00pm
2:30pm						Children w/Parents Only	Children w/Parents Only	2:30pm
3:00pm	Private Lessons	Private Lessons	After School	Private Lessons	Private Lessons	2:30-3:30pm	2:30-3:30pm	3:00pm
4:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Private Lessons Groups	GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.		4:00pm
6:00pm	Open Swim 6:00-7:30pm	NO OPEN SWIM	Open Swim 6:00-7:30pm	NO OPEN SWIM	Open Swim 6:00-7:30pm			6:00pm
7:30pm								7:30pm

- **Warm Water Therapy Pool (18 and older) is NOT open during special events, group programs or private lessons.**
- **30 minute maximum in Warm Water Therapy Pool**
- **Water in unbreakable container is only beverage allowed on pool decks. NO GLASS**