



Activity Pool Schedule

January 1—June 14, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise			8:00am
9:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am			9:00am
10:00am								10:00am
11:00am	Joyful Joints 11:00-12:00	Waterbabies 11-12 5 & under w/adult No Warm Water Pool Registration Required	Joyful Joints 11:00-12:00	Waterbabies 11-12 5 & under w/adult No Warm Water Pool Registration Required	Joyful Joints 11:00-12:00			11:00am
12:00pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Progress Center			12:00pm
1:00pm	Group Programs	Group Programs	Group Programs	Group Programs	Group Programs	Family Swim 1:00-2:30pm	Family Swim 1:00-2:30pm	1:00pm
1:30pm								1:30pm
2:00pm	Open Swim 2:00-4:00pm	On Longview	Schools Days	Out Contact	Front Desk For Schedule	Children 17 and under with Parents/Guardians	Children 17 and under with Parents/Guardians	2:00pm
2:30pm					Private Lessons	NO WARM WATER POOL DURING FAMILY SWIMS GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.		2:30pm
3:00pm			After School					3:00pm
4:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm		NO WARM WATER POOL DURING FAMILY SWIMS GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.		4:00pm
6:00pm	Open Swin 6:00-7:30pm	Family Swim 6:00-7:30pm Children 17 & under with Parent/Guardian	Open Swin 6:00-7:30pm	Family Swim 6:00-7:30pm Children 17 & under with Parent/Guardian	Open Swin 6:00-7:30pm	NO WARM WATER POOL DURING FAMILY SWIMS GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.		6:00pm
7:30pm								7:30pm
8:30pm								8:30pm

- Warm Water Therapy Pool (18 and older) is NOT open during special events, group programs or morning swim lessons. Evening Swim Lessons see swim lesson schedule.
- 30 minute maximum in Warm Water Therapy Pool
- Water in unbreakable container is only beverage allowed on pool decks. NO GLASS