

# AQUATICS



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Activity Pool Schedule June 16-August 31, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00am	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise	Adult Exercise			8:00am
9:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am	8:00-11:00am			9:00am
10:00am								10:00am
11:00am	Youth Swim Lessons 11:00am-1:00pm	Youth Swim Lessons 11:00am-1:00pm	Youth Swim Lessons 11:00am-1:00pm	Youth Swim Lessons 11:00am-1:00pm	Private Lessons		<b>MEMBERS ONLY ON SUNDAY</b>	11:00am
12:00pm	No warm Water pool	No warm Water pool	No warm Water pool	No warm Water pool	Progress Center			12:00pm
1:00pm	Private Lessons/Group Programs	Open Swim	Group Programs	Open Swim	Group Programs	Open Swim	Family Swim	1:00pm
1:30pm		1-2:30pm		1-2:30pm		1:00-2:30	1:00-3:00pm	1:30pm
2:00pm	Joyful Joints 2:00-3:00		Joyful Joints 2:00-3:00		Joyful Joints 2:00-3:00	Family Swim 2:30-3:30 Children 17 and under	Children 17 and under with Parents/Guardians	2:00pm
2:30pm						With		2:30pm
3:00pm	Private Lessons/Groups	YMCA Day Camp ONLY	Private Lessons/Groups	YMCA Day Camp ONLY	Private Lessons	Parent/Guardian		3:00pm
3:30pm					Family Swim			3:30pm
4:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Swim Lessons 4:00-6:00pm	Children 17 & under with Parent/Guardian 3:30-5:30pm	<b>NO WARM WATER POOL DURING FAMILY SWIMS</b>		4:00pm
5:30pm								5:30pm
6:00pm	Open Swim 6:00-8:30pm	Family Swim 6:00-8:30pm Children 17 & under with Parent/Guardian	Open Swim 6:00-8:30pm	Family Swim 6:00-8:30pm Children 17 & under with Parent/Guardian	Open Swim 6:00-7:30pm	<b>GROUPS ARE NOT ALLOWED DURING OPEN SWIMS.</b>		6:00pm
7:30pm								7:30pm
8:30pm								8:30pm

- Warm Water Therapy Pool (18 and older) is NOT open during special events, group programs or morning swim lessons. Evening Swim Lessons see swim lesson schedule.
- 30 minute maximum in Warm Water Therapy Pool
- Water in unbreakable container is only beverage allowed on pool decks. NO GLASS