

AQUATICS



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Activity Pool Schedule June 15 - August 30, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00am						NO WARM WATER POOL DURING FAMILY SWIMS		8:00am
9:00am	Adult Exercise 8-11am	Swim Lessons* 8-10:30am	Adult Exercise 8-11am	Swim Lessons* 8-10:30am	Adult Exercise 8-11am			9:00am
10:00am								10:00am
11:00am	Joyful Joints 11-12pm	Progress Center* 10:30-11:30	Joyful Joints 11-12pm		Joyful Joints 11-12pm			11:00am
12:00pm	Swim Lesson 12-2pm		Swim Lesson 12-2pm	Group Programs*	Group Programs*			12:00pm
1:00pm		Group Programs*				Family Swim 1-2:30pm	Family Swim 1-2:30pm	1:00pm
2:00pm	Open Swim 2-4pm		Open Swim 2-4pm		Open Swim 2-4pm	Children 17 & under with Parent/Guardian	Children 17 & under with Parent/Guardian	2:00pm
3:00pm		YMCA Day Camp 3-4pm		YMCA Day Camp 3-4pm				3:00pm
4:00pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Swim Lessons 4-6pm	Private Lessons			4:00pm
5:00pm						GROUPS ARE NOT ALLOWED DURING OPEN/FAMILY SWIMS		5:00pm
6:00pm					Open Swim 6-7:30pm			6:00pm
7:30pm	Open Swim 6-8:30pm	Family Swim 6-8:30pm Children 17 & under with Parent/Guardian	Open Swim 6-8:30pm	Family Swim 6-8:30pm Children 17 & under with Parent/Guardian				7:30pm
8:30pm								8:30pm

* Warm Water Therapy Pool (18 and older) is NOT open during special events, group programs or morning swim lessons.

- 30 minute maximum in Warm Water Therapy Pool
- Water in unbreakable container is only beverage allowed on pool decks. NO GLASS